

ABOUT VACRO

VACRO has supported people who are impacted by the criminal justice system, for over 140 years.

We have a long history in providing a range of programs that recognise you as a person who would like to strengthen your life skills.

For example:

Family Support: you may require assistance in rebuilding or strengthening family relationships.

Employment Support: to help you gain the information and supports you need to find suitable employment and maintain a steady income.

Transition Support: to address the issues so that you can return to the community as an individual with opportunities, NOT as an ex-offender.

VACRO is able to offer you an opportunity to address the concerns that may impact on your success, as you transition out of prison. The VACRO Relink pre-release program for men will help you identify issues and plan for a positive re-entry into the community.

Other VACRO Services

- Post Release Program
- Family Liaison at Melbourne Assessment Prison (MAP) and Metropolitan Remand Centre (MRC)
- Video Visits
- Aboriginal Family Travel and Accommodation
- SKY Children's Counselling

VACRO

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LIFE CHANGING

RELINK FOR MEN

VACRO.ORG.AU

Pre-Release Program

OUR ROLE

Relink aims to prepare you for your reintegration into the community through:

1. Group Sessions

An intensive set of sessions that provides an opportunity for you to spend time in a small group, building your own set of skills that can support you when you leave prison. (Up to 8 hours)

2. Individual Sessions

Some participants will be approved for further sessions that can provide a concentrated focus on your individual needs. (Up to 4 hours)

Relink is available at the following correctional centres:

- Barwon
- Beechworth
- Dame Phyllis Frost
- Dhurringile
- Fulham
- Hopkins
- Langi Kal Kal
- Loddon
- Marngoneet
- Port Phillip
- Tarrengower

HOW DO WE ASSIST?

Who Can Participate?

Relink is a voluntary program and is designed for:

- Sentenced prisoners of 12 months or more
- Aboriginal and Torres Strait Islanders
- Parolees

When Can You Participate?

You are able to participate in Relink from 12 months prior to your release.

The transition staff will approach you to discuss your eligibility to join Relink.

What is Your Role?

When you participate in the Relink program, we will facilitate sessions that are designed to help you identify your needs, so that you can develop a plan for a successful transition into the community.

We will help you to achieve your goals and acknowledge your achievements with a certificate and celebration, upon completion of the workshops.

WHAT DO WE ASSIST WITH?

We will provide active workshops that:

- Build your skills and knowledge to make positive changes in your life
- Increase your confidence in the many skills you already have
- Help you to plan your successful release
- Allows you to share knowledge that you have with others in your group.

We will work with you to make your own Transition Plan. This will:

- Identify the things that matter to you most when you leave prison
- Draw on your own skills; and
- Help you identify the actions that you need to take responsibility for.

